



Lumbar & Cervical Spine Surgery



SHORE

MEDICAL
CENTER

Our Passion Makes Us The Best

AT SHORE MEDICAL CENTER'S ADVANCED SPINE & ORTHOPEDIC INSTITUTE OUR GOAL IS SIMPLE:

to return you to normal function as quickly and safely as possible with the minimum amount of discomfort. We enlist a comprehensive, state-of-the-art approach to the prevention, assessment, treatment and rehabilitation of musculoskeletal (bone and muscle) injuries. Our passionate team of highly skilled surgeons, nurses, physician assistants, rehabilitation specialists and other medical support personnel works with your primary care physician to develop a treatment program specifically for you. By combining extensive clinical expertise, the most advanced medical technology and a compassionate, caring treatment philosophy, we have created a program recognized for quality care and superior outcomes.

SPINE SURGERY

At some point in their lives, eight out of every 10 Americans will experience a lifestyle-altering episode of back pain. Ninety percent of single-episode back pain becomes recurrent.

Research shows the most common causes of back pain or injury are: poor physical condition, poor posture, improper body mechanics and prolonged incorrect bending or lifting techniques. At Shore's Advanced Spine & Orthopedic Institute, preventing and providing relief for back pain and spinal disorders are among our specialties.

It is our practice to exhaust every treatment option before considering surgery. However, when a condition is not corrected with prescribed rest, exercise, conditioning programs or physical therapy, and a surgical procedure becomes the right choice, our team of specialists is trained to effectively correct the problem, including those involving:

- **Back & Neck Pain**
- **Cervical, Thoracic, Lumbosacral & Intervertebral Spinal Conditions**
- **Degenerative Disc Disease**
- **Spinal Stenosis**
- **Spine Tumors**
- **Spondylolisthesis**
- **Scoliosis & Spinal Deformities**
- **Spinal Cord Injury**
- **Spinal Infections**



SHORE MEDICAL CENTER – UNIVERSITY LEVEL CARE CLOSE TO HOME



Shore Medical Center's Lumbar & Cervical Spine Surgery programs have received the Gold Seal of Approval™ for healthcare quality by The Joint Commission.

Shore's 138,000-square-foot Surgical Pavilion is home to the region's most advanced surgical suites and medical support facilities. The spine surgeons at Shore Medical Center have access to some of the most advanced technology available in spine surgery, be it a minimally invasive or a major reconstructive procedure. When a patient's problem exceeds our advanced capabilities, Shore's affiliation with Penn Medicine, Jefferson Neuroscience and with Rothman Institute physicians on staff, allows for a seamless transfer of care to specialists at these two leading Philadelphia healthcare providers.

REHABILITATION

When you're recovering from surgery, illness or injury or dealing with a long-term health condition, rehabilitation therapy can often be the difference between living with pain and limited movement and being able to live life on your terms. Shore's team of skilled experts works in partnership with your other healthcare providers to develop a customized care plan to improve strength, motion and flexibility, and reduce pain as quickly and safely as possible.



For more information about the Shore Advanced Spine & Orthopedic Institute, please call 609-653-4600, prompt 4, or visit www.ShoreMedicalCenter.org.

EDUCATION

If you or someone you know is considering spine surgery, you are encouraged to attend Shore Medical Center's Spine Surgery Education Class. The class provides information on what you can expect before, during and after spine surgery.

This free class is offered on the second Thursday of each month at 4 pm in the Surgical Pavilion Conference Room on the second floor of Shore's Surgical Pavilion.

Call 609-653-4600, prompt 4 to register.



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