

the Chef's

healthy
choice

Easy Cranberry Oat Cookies

Ingredients (10 Cookies):

- * 3g Fresh Bananas
- * 1/2 Cup Applesauce
- * 2 7/8 Cup Oats
- * 3/8 Cup Dried Cranberries
- * 3/8 tsp Ground Cinnamon
- * 1/2 Cup Sliced Almonds
- * 1/3 Cup Almond Milk



Directions:

Preheat oven to 350 degrees F. In bowl, mash the bananas and add the all remaining ingredients. Portion out 1.5 oz. cookies (about 2-3 Tbsp. batter) onto a greased cookie sheet and bake 10-15 minutes until golden brown.

Nutrition facts per 2 cookies (1 serving):

Calories 241 kcal, Carbohydrates 36g, Protein 9g, Fat 7g, Sodium 7mg, Fiber 6g